What is claimed is:

- A receiver comprising:

 a detector to acquire a wireless signal;
 an automatic gain control to provide gain for the acquired wireless signal; and
 a control unit having programmable acquisition, hold, and release parameters to

 manage the acquisition and gain of the wireless signal based on a transmission protocol.
- 2. The receiver of claim 1, wherein the control unit is programmed with a plurality of sets of acquisition, hold, and release parameters, each set related to a different transmission protocol.
- 3. The receiver of claim 1, wherein the control unit is programmed with a plurality of sets of acquisition, hold, and release parameters, each set related to a different transmitting unit.
- 4. The receiver of claim 1, wherein the wireless signal is a signal using an electrostatic field.
- 5. The receiver of claim 1, wherein the wireless signal is a signal using an magnetic field.
- 6. The receiver of claim 1, wherein the wireless signal is a signal using an electromagnetic field.
- 7. The receiver of claim 1, wherein the wireless signal is an RF signal.

- 8. The receiver of claim 1, wherein the control unit is adapted to regulate the automatic gain control to adjust a gain to a minimal level for detection of a wireless signal for a predetermined amount of time according to the transmission protocol.
- 9. The receiver of claim 1, wherein the control unit is adapted to issue a hold command to the automatic gain control to maintain sensitivity for a next wireless transmission in a communication session defined by a transmission protocol that provides control and transmission information.
- 10. The receiver of claim 1, wherein the hold command to the automatic gain control includes a length of time to maintain the sensitivity.
- 11. The receiver of claim 1, wherein the control unit is adapted to issue a hold command the automatic gain control for a predetermined gain level to minimize the acquisition time for a wireless signal for a new communication session.
- 12. The receiver of claim 1, wherein the control unit is adapted to regulate the automatic gain control to increase a sensitivity when a communication session is ended.
- 13. The receiver of claim 1, wherein the control unit is adapted to regulate the automatic gain control to increase sensitivity when a wireless signal is not present during a period in a communication session in which the transmission protocol indicates a wireless transmission is scheduled.
- 14. A system comprising:
 - a receiver to receive wireless data signals; and
- a processor responsive to the wireless data signals, wherein the receiver includes:
 - a detector to acquire a wireless signal;

an automatic gain control to provide gain for the acquired wireless signal; and

a control unit having programmable acquisition, hold, and release parameters to manage the acquisition and gain of the wireless signal based on a transmission protocol.

- 15. The system of claim 14, wherein the control unit is programmed with a plurality of sets of acquisition, hold, and release parameters, each set related to a different transmission protocol.
- 16. The system of claim 14, wherein the control unit is programmed with a plurality of sets of acquisition, hold, and release parameters, each set related to a different transmitting unit.
- 17. The receiver of claim 14, wherein the wireless signal is a signal using an electrostatic field.
- 18. The receiver of claim 14, wherein the wireless signal is a signal using an magnetic field.
- 19. The receiver of claim 14, wherein the wireless signal is a signal using an electromagnetic field.
- 20. The system of claim 14, wherein the wireless signal is an RF signal.
- 21. The system of claim 14, wherein the control unit regulates the automatic gain control to adjust a gain to a minimal level for detection of an wireless signal for a predetermined amount of time according the protocol.

- 22. The system of claim 14, wherein the control unit is adapted to issue a hold command to the automatic gain control to maintain sensitivity for a next wireless transmission in a communication session defined by a transmission protocol that provides control and transmission information.
- 23. The system of claim 14, wherein the control unit is adapted to issue a hold command for a predetermined gain level to minimize the acquisition time for a wireless signal in a next communication session.
- 24. The system of claim 14, wherein the control unit is adapted to increase a sensitivity when a communication session is ended.
- 25. The system of claim 14, wherein the control unit is adapted to increase a sensitivity when a wireless signal is not present at a time in communication session in which the transmission protocol indicates a scheduled wireless transmission.
- 26. The system of claim 14, wherein the control unit regulates the automatic gain control to adjust a gain to a minimal level to detect a wireless signal for a predetermined amount of time according to the transmission protocol to minimize unnecessary and unwanted amplification of electromagnetic interference during a data off portion of the wireless modulated transmission.
- 27. The system of claim 14, wherein the system is a hearing aid.
- 28. The system of claim 14, wherein the system further includes a transmitting subsystem.
- 29. The system of claim 27, wherein the transmitting subsystem is in a first hearing aid and the receiver is in a second hearing aid.

- 30. The system of claim 27, wherein the a transmitting subsystem is in a first hearing aid programming unit, and the receiver is in a hearing aid.
- 31. A method comprising:

detecting wireless energy;

determining whether the detected wireless energy corresponds to wireless signals in a communication session;

determining a transmission protocol to operate an automatic gain control for the communication session; and

managing the automatic gain control to regulate gain by according to the determined transmission protocol.

- 32. The method of claim 31, wherein determining a transmission protocol includes determining periods of time for gain levels associated with the communication session.
- 33. The method of claim 31, wherein detecting wireless energy includes detecting energy of an electrostatic field.
- 34. The method of claim 31, wherein detecting wireless energy includes detecting energy of a magnetic field.
- 35. The method of claim 31, wherein detecting wireless energy includes detecting energy of an electromagnetic field.
- 36. The method of claim 31, wherein detecting wireless energy includes detecting RF energy.

- 37. The method of claim 31, wherein managing the regulation of gain by the automatic gain control includes sending control signals to the automatic gain control to adjust a gain to a minimal level for detection of a wireless signal for a predetermined amount of time according the protocol.
- 38. The method of claim 31, wherein managing the regulation of gain by the automatic gain control includes sending a hold command to the automatic gain control to maintain sensitivity for a next wireless transmission in a communication session defined by a transmission protocol that uses intermittent information transmittal.
- 39. The method of claim 31, wherein managing the regulation of gain by the automatic gain control includes sending a hold command for a predetermined gain level to minimize the acquisition time for a wireless signal in a next communication session.
- 40. The method of claim 31, wherein managing the regulation of gain by the automatic gain control includes sending control signals to the automatic gain control to increase a sensitivity when a communication session is ended.
- 41. The method of claim 31, wherein managing the regulation of gain by the automatic gain control includes sending control signals to the automatic gain control to increase a sensitivity when a wireless signal is not present at a time in communication session in which the transmission protocol indicates a scheduled wireless transmission.
- 42. The method of claim 31, wherein the method further includes performing the method in a hearing aid.
- 43. The method of claim 31, further including transmitting a wireless signal.

- 44. The method of claim 31, wherein the method further includes transmitting a wireless signal from a hearing aid for a communication session with another hearing aid that receives the wireless signal.
- 45. The method of claim 31, wherein the method further includes transmitting a wireless signal from a hearing aid programming unit for a communication session with a hearing aid that receives the wireless signal.